



## **Tattersalls Club Athletic Department Health Insurance Summary**

*The following is to be used as a guide. Members should check with their Health Insurance provider for further details and updates as they occur. This document was updated 5 March 2008.*

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### **HCF**

Members' Phone: 13 13 34 <http://www.hcf.com.au/>

Members must contact HCF for relevant paper work to complete. HCF advised that they require their Members to have the Top Cover and Members must also have a medical certificate from their GP. HCF do not require Fitness Centres to register with them, rather they require their Members to provide relevant details.

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### **NIB**

Members' Phone: 131 463 <http://www.nib.com.au/>

NIB requires Members to have the Top Health and Lifestyle Cover and Members must also have a medical certificate from their GP. The AD is registered with NIB and the AD Service Provider number is 10046983.

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### **MBF Health**

Members Phone: 131 137 <http://www.mbf.com.au>

Claims are to be made under the 'Living Well' Program. Members should contact MBF Health for the claim form and are required to declare their AD membership is recommended by their GP. AD MBF Provider Number is GF205 621.

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### **Manchester Unity**

Members' Phone: 131 372 <http://www.manchesterunity.com.au>

Claims are to be made under the 'Keep Fit' cover. Members should contact Manchester Unity for the claim form and are required to declare their AD membership is recommended by their GP and quote the AD Provider Number. AD Provider Number is 00001965

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### **NRMA**

Members' Phone: 132 132 <http://www.nrma.com.au/>

NRMA Health Insurance is linked with MBF. Claim is to be made under the 'Wellness Program'. Members should contact NRMA for the claim form and are required to declare that their AD membership is recommended by their GP.

NRMA state in relation to Gym membership fees *that' the Fund can only pay a benefit for gym membership where the gym program is provided by an approved gym provider and a claim is submitted with a special approval form (available from the Fund) that is signed by your GP or a Recognised Provider confirming that the gym program is intended to prevent or relieve a specific health condition/s. Please note that GP consultations are not covered by the Fund. Benefits are only payable after a month of gym membership and exclude casual visits, aquatic membership and personal trainers.*

<http://www.nrma.com.au/pub/nrma/health/important-information.shtml#Wellness%20Programs>

AD must be registered as a registered (for NRMA) through the MBF service provider for their 'Wellness/Living Well' cover. AD MBF Provider Number is GF205 621.



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**Grand United and is part of Australian Unity**

Phone: 132 939 <http://www.grandunited.com.au/>

AD registered with Grand United and the AD Provider Number is 00002646. Members need to complete their claim form and quote our Provider Number. This health service provides rebates for 'preventative health care. A letter of recommendation is required from a health care professional (valid for 6 months). Covers within their Life Choice Plan' include a range of therapies including Aromatherapy, Chinese Medicine, Shiatsu, Bowen Technique, Reflexology, and more.'

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**Teachers Health Federation**

Phone: 1300 728 188 <http://www.teachershealth.com.au/>

Cover includes 'Body and Mind' therapies which covers Exercise Physiology and the 'Healthy lifestyle' which covers Gym membership. GP referral is required along with the application form.

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**Medibank**

Phone: 132 331 <http://www.medibank.com.au/>

Medibank Member must have one of the top 'Extra covers' e.g. First Choice, Smart Choice or Blue Ribbon cover. Member must contact 132 331 and request the 'Health Management Program' Form. This form must be filled in by the GP and sent to Medibank.