



KNIFE AND FORK

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| Toast - sourdough, Turkish, multigrain, fruit toast, gluten free. Strawberry jam, blood orange and ruby grapefruit marmalade, vegemite, local honey, housemade peanut, macadamia and almond butter | \$6 |
| Fresh fruit plate, Greek yoghurt, local honey | \$8 |
| Porridge, banana, cinnamon, walnut | \$10 |
| Acai bowl, mixed berry compote, granola, banana, maple syrup | \$10 |
| Bircher, Pink Lady apple, Greek yoghurt, toasted coconut, chia | \$8 |
| Bruschetta, vine ripened tomato, smashed avocado, spinach, basil, toasted seeds on toast | \$12 |
| Free range eggs, poached, boiled, fried, or scrambled on toast | \$10 |
| Free range omelette, spinach, marinated feta | \$10 |
| Forest mushrooms, marinated feta, charred broccolini on toast | \$12 |
| Breakfast bowl, broccolini, spinach, kale, quinoa, seeds, salsa verde | \$12 |
| Eggs benedict, smokey bacon, hollandaise on toasted croissant | \$15 |

TWO HANDS

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| Smokey bacon, fried free range eggs, tomato relish, milk bun | \$10 |
| Fried free range eggs, spinach, forest mushrooms, vine ripened tomatoes, smashed avocado, milk bun | \$10 |



EXTRAS

Avocado, spinach, kale, mushrooms, vine ripened roasted tomatoes, marinated feta, halloumi, cheddar, poached egg \$3

Smoked bacon, Tasmanian smoked salmon \$4

BEVERAGES

Assorted loose leaf tea by Honest Tea \$3.5

Coffee by The Little Marionette

regular \$3.5

large \$4

decaf/almond/soy milk +50c

keep cup discount 50c

Cold pressed juices by Allie's \$5

Valencia Orange

Gingered Apple

Watermelon+

Heartbeet

Daily Greens

Tomato juice \$5