

CLASS TIMETABLE

MON	TUE	WED	THU	FRI	SUN
05:30 SWIM SQUAD 2 HOURS		05:30 SWIM SQUAD 2 HOURS		05:30 SWIM SQUAD 2 HOURS	
		06:00 BOOT CAMP	06:00 SPIN		
07:00 PILATES	07:00 BW BLITZ	07:00 YOGA	07:00 CIRCUIT	07:00 PILATES	
					08:30 YOGA
		12:30 RUN CLUB			
		12:30 STROKE CORRECTION 90 MINUTES			
12:45 SPIN 45 MINUTES	12:45 BOOT CAMP 45 MINUTES	12:45 FUNCTIONAL PILATES 45 MINUTES	12:45 BOXING 45 MINUTES	12:45 BARRE PILATES 45 MINUTES	
18:00 YOGA					

Limited space available, please book your class by emailing addesk@tattersallsclub.org to avoid disappointment.



- Denotes classes will be streamed on Zoom.