



BREAKFAST MENU

CONTINENTAL BREAKFAST \$9.50
cereal, fruit, yoghurt

PORRIDGE \$10
vanilla, honey, almond
apple, maple, pecan
banana, cinnamon, walnut
blueberry, raspberry, pistachio

TOMATO & AVOCADO BRUSCHETTA \$12
add sides of your choice

EGGS ON TOAST \$8
free range eggs, however you like
them!

PALEO OMELETTE \$15
baby spinach, kale, tomato, dukkah

VITALITY BREAKFAST BOWL \$15
broccoli, avocado, baby spinach, kale,
quinoa & Greek yoghurt



BREAKFAST MENU

TOAST \$4

sourdough, Turkish, multi-grain or
gluten free fresh from Haberfield Bakery

ADDITIONS & SIDES

Poached egg \$2.50

Baby spinach \$2.50

Ham \$2.50

Tomato \$3.00

Mushrooms \$3.00

Feta \$3.00

Cheddar \$3.00

Avocado \$3.50

Bacon \$3.50

Smoked Salmon \$5.00

BEVERAGES

Assorted teas \$3.50 / \$4.50

Coffee \$3.50 / \$4.00

Orange / Apple Juice \$3.00

Tomato Juice \$5.00

Keep Cup 50c discount

Takeaway breakfast available for those
short on time!