

BREAKFAST

CEREAL FRUIT SALAD \$6

THE EARLY BIRD CONTINENTAL BREAKFAST \$9.50

cereal, fruit, yoghurt incl toast

PLEASINGLY GOOD PORRIDGE \$6/\$10

vanilla, honey, almond

apple, maple, pecan

banana, cinnamon, walnut

summer berries, pistachio

Gluten free option on request +\$1

TOMATO & AVOCADO BRUSCHETTA \$9/\$12

+ free range poached egg \$2.5

EGGS YOUR WAY ON TOAST \$10

free range eggs, however you like them!

BUILD YOUR OWN OMELETTE \$10

+ add sides

THE VITALITY BREAKFAST SALAD \$15

broccoli, avocado, baby spinach, kale, quinoa & Greek yoghurt

+ free range poached egg \$2.5

+ house marinated feta \$3

WRAPS \$9

Bacon & Egg

Vegetarian

Takeaway breakfast available for those on the run!

ADDITIONS & SIDES

poached egg \$2.5

baby spinach \$2.5

sliced ham \$2.5

hash brown \$2.5

roast or fresh tomato \$2.5

baked beans \$2.5

roasted mushrooms \$3

house marinated feta \$3

cheddar \$3

smashed avocado \$3

smokey bacon \$3

haloumi \$5

smoked Tasmanian salmon \$5

TOAST \$4

sourdough,

turkish,

multi-grain or gluten free

BEVERAGES

Assorted loose leaf Honest Teas

reg \$3.5 / lrg \$4.5

Coffee by The Little Marionette

reg \$3.5 / lrg \$4

Decaf/almond/soy milk + 50c

Mocha \$3.5

Orange / Apple juice \$3

Tomato juice \$5

Keep Cup discount 50c

Have a great day!