

ONLINE CLASS TIMETABLE

MON

TUE

WED

THU

FRI

SUN

07:00

PILATES 

ZUZANA

07:00

PILATES 

ZUZANA

07:00

POWER 

YOGA
ANDREW

07:00

HIIT 

CIRCUIT
MALCOLM

07:00

PILATES 

MALCOLM

08:30

YOGA 

ANDREW

08:00

HIIT 

CIRCUIT
ZUZANA

08:00

HIIT 

CIRCUIT
ZUZANA

08:00

HIIT 

CIRCUIT
JEANETTE

08:00

PILATES 

MALCOLM

08:00

HIIT 

CIRCUIT
MALCOLM

12:30

HIIT 

CIRCUIT
JEANETTE

12:30

HIIT 

CIRCUIT
JEANETTE

12:30

HIIT 

CIRCUIT
CHRIS

12:30

HIIT 

CIRCUIT
CHRIS

12:30

YOGA 

HILKE

18:00

YOGA 

ANDREW

18:00

YOGA

HILKE